

Fairfax Academy Menu OCTOBER 2017

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|--|--|--|---|
| Breakfast | Cheerios W/Milk, Graham Crackers, Fruit Juice 2 | Waffles W/Syrup, Milk, Fruit Juice 3 | French Toast Sticks W/Syrup, Milk, Fruit Juice 4 | Fruit Loops W/Milk, Toast, Fruit Juice 5 | Bagel W/Cream Cheese, Milk, Fruit Juice 6 |
| Lunch | Chicken Nuggets, Mashed Potatoes, Carrots, Applesauce, Milk | Turkey & Cheese Sandwich, Green Beans, Pears, Milk | Meatball Sub W/Cheese, Peas, Peaches, Milk | Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk | Pizza, Corn, Pineapple, Milk |
| Snack | Wheat Thins, Milk | Ritz, W/Cream Cheese, Water | Crackers, Jelly, Milk | Graham Crackers, Applesauce, Milk | Crackers, Cheese, Water |
| Breakfast | SCHOOL CLOSED Columbus Day! 9 | Waffles W/Syrup, Milk, Fruit Juice 10 | French Toast Sticks W/Syrup, Milk, Fruit Juice 11 | Frosty Flakes W/Milk, Toast, Fruit Juice 12 | Bagel W/Cream Cheese, Milk, Fruit Juice 13 |
| Lunch | | Macaroni & Beef, Bread, Corn, Pears, Milk | Fish Nuggets, Tater Tots, Peas, Chocolate Pudding, Milk | Chicken Noodles Soup, Cheese Sandwich, Fruit Cocktail, Milk | Hot Dog on Bun, Baked Beans, Pineapple, Milk |
| Snack | | Animal Crackers, Milk | Pretzel, Juice | Rice Cakes, Fresh Fruit, Water | Cookies, Milk |
| Breakfast | Cheerios W/Milk, Graham Crackers, Fruit Juice 16 | Waffles W/Syrup, Milk, Fruit Juice 17 | French Toast Sticks W/Syrup, Milk, Fruit Juice 18 | Fruit Loops W/Milk, Toast, Fruit Juice 19 | Bagel W/Cream Cheese, Milk, Fruit Juice 20 |
| Lunch | Chicken ala King W/Rice, Peas, Applesauce, Milk | Spaghetti W/Meat Sauce, Bread, Salad, Pears, Milk | Hoagies (Turkey, Cheese, Lettuces) Green Beans, Peaches, Milk | Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk | Pizza, Corn, Pineapple, Milk |
| Snack | Wheat Thins, Milk | Ritz, W/Cream Cheese, Water | Crackers, Jelly, Milk | Graham Crackers, Applesauce, Milk | Crackers, Cheese, Milk |
| Breakfast | Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice 23 | Waffles W/Syrup, Milk, Fruit Juice 24 | French Toast Sticks W/Syrup, Milk, Fruit Juice 25 | Frosty Flakes W/Milk, Toast, Fruit Juice 26 | Bagel W/Cream Cheese, Milk, Fruit Juice 27 |
| Lunch | Chicken Nuggets, Rice, Carrots, Applesauce, Milk | Lasagna, Bread, Salad, Pears, Milk | Fish Sticks, Mashed Potatoes, Green Beans, Chocolate Pudding, Milk | Chicken Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk | Beanies Weenies, Biscuit, Pineapple, Milk |
| Snack | Goldfish, Milk | Animal Crackers, Milk | Pretzel, Juice | Rice Cakes, Fresh Fruit, Milk | Cookies, Milk |
| Breakfast | Cheerios W/Milk, Graham Crackers, Fruit Juice 30 | Waffles W/Syrup, Milk, Fruit Juice 31 | | | |
| Lunch | Chicken Fillet Sandwich, Salad, Applesauce, Milk | Swedish Meatballs & Rice, Peas, Pears, Milk | | | |
| Snack | Wheat Thins, Milk | Ritz, W/Cream Cheese, Water | | | |