

Fairfax Academy Menu NOVEMBER 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				1 Frosty Flakes W/Milk, Toast, Fruit Juice	2 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch				Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Turkey & Cheese Sandwich, Corn, Pineapple, Milk
Snack				Rice Cakes, Fresh Fruit, Water	Crackers, Cheese, Water
Breakfast	5 Cheerios W/Milk, Graham Crackers, Fruit Juice	6 French Toast Sticks W/Syrup, Milk, Fruit Juice	7 Waffles W/Syrup, Milk, Fruit Juice	8 Fruit Loops W/Milk, Toast, Fruit Juice	9 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Mashed Potatoes, Carrots, Applesauce, Milk	Corn Dogs, Baked Beans, Pears, Milk	Meatball Sub W/Cheese, Peas, Mandarin Oranges, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack	Wheat Thins, Milk	Ritz, W/Cream Cheese, Water	Crackers, Jelly, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	12 SCHOOL CLOSED Veteran's Day!	13 Pancakes W/Syrup, Milk, Fruit Juice	14 Waffles W/Syrup, Milk, Fruit Juice	15 Frosty Flakes W/Milk, Toast, Fruit Juice	16 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch		Macaroni & Beef, Bread, Corn, Pears, Milk	Fish Nuggets, Peas, Tater Tots, Pudding, Milk	Chicken Noodles Soup, Cheese Sandwich, Fruit Cocktail, Milk	Hot Dog On Bun, Baked Beans, Pineapple, Milk
Snack		Animal Crackers, Milk	Pretzel, Juice	Rice Cakes, Fresh Fruit, Water	Crackers, Cheese, Water
Breakfast	19 Cheerios W/Milk, Graham Crackers, Fruit Juice	20 French Toast Sticks W/Syrup, Milk, Fruit Juice	21 Waffles W/Syrup, Milk, Fruit Juice	22 SCHOOL CLOSED Happy Thanksgiving!	23 SCHOOL CLOSED
Lunch	Chicken ala King W/Rice, Peas, Applesauce, Milk	Spaghetti W/Meat Sauce, Bread, Salad, Pears, Milk	Turkey, Mashed Potatoes, Stuffing, Green Beans, Cranberry Sauce, Rolls, Pumpkin Pie, Milk		
Snack	Wheat Thins, Milk	Ritz, W/Cream Cheese, Water	Crackers, Jelly, Milk		
Breakfast	26 Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	27 Pancakes W/Syrup, Milk, Fruit Juice	28 Waffles W/Syrup, Milk, Fruit Juice	29 Frosty Flakes W/Milk, Toast, Fruit Juice	30 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Rice, Carrots, Applesauce, Milk	Lasagna, Bread, Salad, Pears, Milk	Fish Sticks, Green Beans, Mashed Potatoes, Pudding, Milk	Chicken Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	Beanie Weenies, Biscuit, Pineapple, Milk
Snack	Goldfish, Milk	Animal Crackers, Milk	Pretzel, Juice	Rice Cakes, Fresh Fruit, Water	Crackers, Cheese, Water