

Fairfax Academy Menu SEPTEMBER 2019

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Breakfast	SCHOOL CLOSED Labor Day!	Pancakes W/Syrup, Milk	Waffles W/Syrup, Milk	Frosty Flakes W/Milk, Toast, Fruit Juice	Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch		Macaroni & Beef, Bread, Corn, Pears, Milk	Fish Nuggets, Tater Tots, Peas, Pudding, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Hot Dog on Bun, Baked Beans, Pineapple, Milk
Snack		Animal Crackers, Milk	Veggie Chips, Juice	Rice Cakes, Fresh Fruit, Water	Crackers, Chees, Water
Breakfast	Cheerios W/Milk, Graham Crackers, Fruit Juice	French Toast Sticks W/Syrup, Milk	Waffles W/Syrup, Milk	Fruit Loops W/Milk, Toast	Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken ala King W/Rice, Peas, Applesauce, Milk	Spaghetti W/Meat Sauce, Bread, Salad, Pears, Milk	Hoagies (Turkey, Cheese, Lettuces) Green Beans, Peaches, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack	Wheat Thins, Milk	Ritz, W/Cream Cheese, Water	Crackers, Jelly, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	Pancakes W/Syrup, Milk	Waffles W/Syrup, Milk	Frosty Flakes W/Milk, Toast, Fruit Juice	Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Rice, Carrots, Applesauce, Milk	Lasagna, Bread, Salad, Pears, Milk	Fish Nuggets, Green Beans, Mashed Potatoes, Pudding, Milk	Chicken Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	Beanie Weenies, Biscuit, Pineapple, Milk
Snack	Goldfish, Milk	Animal Crackers, Milk	Veggie Chips, Juice	Rice Cakes, Fresh Fruit, Water	Crackers, Cheese, Water
Breakfast	Cheerios W/Milk, Graham Crackers, Fruit Juice	French Toast Sticks W/Syrup, Milk	Waffles W/Syrup, Milk	Fruit Loops W/Milk, Toast	Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Fillet Sandwich, Carrots, Crinkle Cut Fries, Applesauce, Milk	Swedish Meatballs & Rice, Peas, Pears, Milk	Meatloaf, Mashed Potatoes, Green Beans, Mandarin Oranges, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack	Wheat Thins, Milk	Ritz, W/Cream Cheese, Water	Crackers, Jelly, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice				
Lunch	Chicken & Rice, Carrots, Applesauce, Milk				
Snack	Goldfish, Milk				