

Fairfax Academy Menu SEPTEMBER 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				1 Cinnamon Toast Crunch W/Milk, Toast	2 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch				Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Fruit Cocktail, Milk	Hot Dog on Bun, Baked Beans, Pineapple, Milk
Snack				Crackers, Jelly, Milk	Cookies, Milk
Breakfast	5 SCHOOL CLOSED Labor Day!	6 Pancakes W/Syrup, Milk	7 Waffles W/Syrup, Milk	8 Fruit Loops W/Milk, Toast	9 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch		Macaroni & Cheese, Peas, Pears, Milk	Hamburger on Bun, Salad, Mandarin Oranges, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack		Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	12 Frosted Flakes W/Milk, Graham Crackers	13 Pancakes W/Syrup, Milk	14 Waffles W/Syrup, Milk	15 Cinnamon Toast Crunch W/Milk, Toast	16 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Fillet Sandwich, Carrots, Applesauce, Milk	Spaghetti W/Meat Sauce, Salad, Pears, Milk	Fish Sticks, Green Beans, Mashed Potatoes, Pudding, Milk	Chicken Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	Hot Dog on Bun, Baked Beans, Pineapple, Milk
Snack	Goldfish, Milk	Ritz, W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	Cookies, Milk
Breakfast	19 Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	20 Pancakes W/Syrup, Milk	21 Waffles W/Syrup, Milk	22 Fruit Loops W/Milk, Toast	23 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Carrots, Applesauce, Milk	Macaroni & Beef, Corn, Pears, Milk	Fish Fillet Sandwich, Green Beans, Mandarin Oranges, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sausage Patties, Pineapple, Milk
Snack	Crackers, Cheese, Water	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	26 Frosted Flakes W/Milk, Graham Crackers	27 Pancakes W/Syrup, Milk	28 Waffles W/Syrup, Milk	29 Cinnamon Toast Crunch W/Milk, Toast	30 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Hoagies (Turkey, Cheese, Lettuce) Carrots, Chips, Applesauce, Milk	Spaghetti W/Meatballs, Corn, Pears, Milk	Fish Sticks, Green Beans, Tater Tots, Pudding, Milk	Chicken & Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	Corn Dog, Baked Beans, Pineapple, Milk
Snack	Goldfish, Milk	Ritz, W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	Cookies, Milk