

Fairfax Academy Menu NOVEMBER 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		1 Pancakes W/Syrup, Milk	2 Waffles W/Syrup, Milk	3 Fruit Loops W/Milk, Toast	4 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch		Macaroni & Cheese, Peas, Pears, Milk	Hamburger on Bun, Salad, Mandarin Oranges, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Pizza, Corn, Pineapple, Milk
Snack		Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	7 Frosted Flakes W/Milk, Graham Crackers, Fruit Juice	8 Pancakes W/Syrup, Milk	9 Waffles W/Syrup, Milk	10 Cinnamon Toast Crunch W/Milk, Toast	11 SCHOOL CLOSED Veteran's Day!
Lunch	Chicken Fillet Sandwich, Carrots, Applesauce, Milk	Spaghetti W/Meat Sauce, Salad, Pears, Milk	Meatloaf, Green Beans, Mashed Potatoes, Pudding, Milk	Chicken & Rice Soup, Cheese Sandwich, Fruit Cocktail, Milk	
Snack	Goldfish, Milk	Ritz W/Cream Cheese, Water	Veggie Chips, Juice	Crackers, Jelly, Milk	
Breakfast	14 Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	15 Pancakes W/Syrup, Milk	16 Waffles W/Syrup, Milk	17 Fruit Loops W/Milk, Toast	18 Bagel W/Cream Cheese, Milk, Fruit Juice
Lunch	Chicken Nuggets, Carrots, French Fries, Applesauce, Milk	Macaroni & Beef, Corn, Pears, Milk	Fish Fillet Sandwich, Green Beans, Mandarin Oranges, Milk	Chicken Noodle Soup, Cheese Sandwich, Fruit Cocktail, Milk	Breakfast for Lunch: Mini Pancakes, Turkey Sauge Patties, Pineapple, Milk
Snack	Crackers, Cheese, Water	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk	Graham Crackers, Applesauce, Milk	Cookies, Milk
Breakfast	21 Frosted Flakes W/Milk, Graham Crackers, Fruit Juice	22 Pancakes W/Syrup, Milk	23 Waffles W/Syrup, Milk	24 SCHOOL CLOSED Happy Thanksgiving!	25 SCHOOL CLOSED
Lunch	Hoagies (Turkey, Cheese, Lettuce) Carrots, Chips, Applesauce, Milk	Spaghetti W/Meatballs, Corn, Pears, Milk	Turkey, Mashed Potatoes, Green Beans, Roll, Pudding, Milk		
Snack	Goldfish, Milk	Ritz, W/Cream Cheese, Water	Veggie Chips, Juice		
Breakfast	28 Rice Krispy Cereal W/Milk, Graham Crackers, Fruit Juice	29 Pancakes W/Syrup, Milk	30 Waffles W/Syrup, Milk		
Lunch	Chicken & Rice, Carrots, Applesauce, Milk	Macaroni & Cheese, Peas, Pears, Milk	Hamburger on Bun, Salad, Mandarin Oranges, Milk		
Snack	Crackers, Cheese, Water	Yogurt, Vanilla Wafers, Water	Wheat Thins, Milk		